

Developmental Resources

Generation Mindful

Based on positive discipline, Generation Mindful uses science based tools and toys to create an educational background that fosters emotional intelligence.

Feelings playing cards

Jim Borgman, a Pulitzer Prize winner, his Feelings Playing Cards has 50 games specifically designed to help children learn and be comfortable with a broad range of emotions.

Todd Parr Feelings Flash Cards

Help children learn about feelings and emotions with these 20 richly illustrated cards each with two opposite emotions.

Kinetic Sand

Kinetic sand is an excellent sensory toy. It can help with concentration, focus and anxiety relief.

Brybelly Feelings in a Flash

Brybelly Feelings in a Flash includes 50 cards that reflect emotions and scenarios commonly encountered in families and in schools, as well as how to effectively cope with each emotion.

National Geographic Play Sand

Sensory Sand

This sand is kinetic, so it sticks only to itself and not to you! It is an excellent sensory or fidget toy that can help with concentration, focus and anxiety relief.

Emotions Thumball

Covered with 32 emotions, individuals are encouraged to react to the emotions their thumb lands on.

Putty Stress Relief Toys

Stretch it, pop it, bounce it, roll it, flatten it, play with it... sensory toys can help with concentration, focus and anxiety relief and this is a very fun fidget toy!