

## 4.6 Mental Health Therapist

### Background

The Edmonton Society for Christian Education values children as image-bearers of Christ and desires to support the healthy spiritual, physical, mental and emotional development of each child. To that end, the Society employs a Christian School Support Team composed of (2) Pastoral Care Leaders and a Mental Health Therapist to work in all three schools.

The Mental Health Therapist position is staffed on a year-to-year basis and is subject to an annual performance review.

### Supervisor(s)

Executive Director of ESCE and ECS Principal's or their designate

### Position Summary

The mental health therapist provides mental health support to adolescents, children and families in a school-based setting.

### Roles and Responsibilities

- Provide counseling activities including but not limited to: enhancing coping skills, emotion regulation skill building, providing family supports, promoting communication and social interaction, family relationship enhancement, parenting education, substance abuse education and/or treatment, and/or support for a variety of presenting mental health concerns
- Complete required assessments, treatment plans, progress reports, case notes, and any other required documentation
- Provide class presentations and staff inservices on a variety of mental health related topics
- Crisis response support when required
- Maintain all required licenses, certification and continuing education requirements for province licenses and certifications
- Maintain ethical boundaries with clients, families, and others
- Ensure confidentiality of clients
- Attend all client, staff, in services, conferences and other meetings as assigned or scheduled
- Represent and conduct self in accordance with ESCE's Mission, Vision, and Values
- Reports to school administration while working at each school
- Completes and provides regular reports to Executive Director at ESCE on workload and performance
- Maintains regular communication with Executive Director and school administration
- Perform other duties as assigned

### Qualifications

- Master's degree (M.A.(MFT), M.Counseling, M.A.(School counselling), or equivalent)
- Must pass mandatory reporter training and any additional training required
- Must pass criminal record check and child intervention check
- Must be registered with regulatory body
- Identify as Christian and profess a faith in Christ

Created: October 2020

Approved: April 2021

Revised:

Reviewed: April 2021